

AIKIDO SEMINAR:

WAGING PEACE @ WILLIAMS

Saturday, January 22, 2011

Featuring:

Benjamin Pincus 5 th Dan, Shidoin, Chief Instructor Aikido of Champlain Valley	Robert Kent 4 th Dan, President, Aiki Extensions, Ben & Jerry's 2008 Peace Pioneer	Bill Leicht Founder, Urban Visions - Projects in Nonviolence	Charles Colten 3 rd Dan, Founder, Aikido in the Schools	Aimee Bel 3 rd Dan, Instructor Zenshinkan Aikido Youth & Adults
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Saturday, January 22, 2011
Williams College: Currier Ballroom
Route 2 & Water Street,
Williamstown, MA
9am - Noon / 2pm - 4pm
Open to all levels and styles
Observers Welcome
Questions? rkent@williams.edu

Peace Isn't Easy. *In fact, peace takes more courage than war, and remains constantly hostage to our anger and our fear. Aikido helps us overcome anger and fear, helps us nurture compassion in the midst of chaos, and protects even those who tried to do us harm.*
Come join a special day of spirited training that celebrates Aikido's unique contribution to more

thoughtful ways for individuals and countries to progress safely and successfully towards whatever their goals might be. Sponsored by the Williams College Political Science Winter Study course "Political Aikido" and Aiki Extensions, a nonprofit dedicated to applying the tactical wisdom of Aikido to personal, social, and political challenges.

